



# Autism Awareness Centre Inc. *believe in change*

## Calgary, AB Conference November 15 & 16, 2013 Featuring Speakers Judy Endow and Leah Kuypers Delta Calgary South Hotel - 135 Southland Drive SE, Calgary, AB

### Friday, November 15

#### Judy Endow

##### *Outsmarting Explosive Behaviour*

This presentation, based on the book *Outsmarting Explosive Behavior, a Visual System of Support and Intervention for Individuals with Autism Spectrum Disorders*, describes an effective way to support individuals with explosive behaviors by using a visual system of four train cars to depict the stages of explosive behavior along with stop and go signs to show effective support strategies to use during each stage in the explosive behavior cycle. This model has been effectively used with numerous students (Early Childhood through Adulthood), continues to be a part of the Wisconsin Department of Public Instruction Autism Training Project and has been published by AAPC Publishing as a three part kit (facilitator manual, visual system and student workbook).

##### *Practical Solutions to Stabilize Students With Classic Autism*

Based on Judy's publication, *Practical Solutions to Stabilize Students with Classic Autism to Be Ready to Learn: Getting to Go*, this presentation clearly delineates the nuts and bolts of what Judy does when she is called in to consult for a student with classic autism. Included are many practical strategies for supporting a student to be all he can be - his best version of self and most available for learning. This application of this information has been many a student's ticket onward to eventual placement in a more inclusive educational setting.

**Judy Endow, MSW**, maintains a private practice in Madison, Wisconsin, providing consultation for families, school districts and other agencies. Besides having autism herself, she is the parent of three grown sons, one of whom is on the autism spectrum. Judy does workshops and presentations on a variety of autism-related issues, is part of the Wisconsin DPI Statewide Autism Training Team and a board member of both the Autism Society of America, Wisconsin Chapter and the Autism National Committee. In addition, Judy is a member of the Autistic Global Initiative (AGI), a program of Autism Research Institute. For more information about AGI please visit [www.autisticglobalinitiative.com](http://www.autisticglobalinitiative.com).

### Saturday, November 16

#### Leah Kuypers

##### *The Zones of Regulation*

This presentation provides teachers, therapists and parents with hands-on knowledge on the nature of self-regulation and strategies for improving self-regulation and emotional control in individuals of all ages. The presentation addresses topics such as: the brain's involvement, typical development, sensory processing, emotional regulation, and executive functioning. Audience participants will learn an explicit, stair-stepped method and tools to guide individuals in utilizing The Zones framework across situations and environments to regulate sensory needs, impulses, and emotional states to social demands. Visuals and student work samples are highlighted to illustrate numerous learning activities. A variety of tools (sensory supports, calming techniques, and thinking strategies) are explored to help individuals recognize their internal emotions, sensory needs, and thinking patterns in each zone, when shifting from one zone to another, and then to self-regulate within zones. Participants explore ideas on how to teach, when, why, and how to use tools effectively. The Zones of Regulation presentation also incorporates core concepts from Michelle Garcia Winner's Social Thinking® framework to help teach individuals about perspective taking so they better understand how being in the different zones impacts the thoughts and feelings of other people around them.

**Leah Kuypers** earned a BS in Occupational Therapy from the University of Wisconsin-Madison, a Graduate Certificate in Autism, and a MA in Education from Hamline University in St. Paul, MN. She has practiced as an OT/autism specialist in school and clinical settings, specializing in self-regulation and social learning, and has worked with students of all ages and challenges, including anxiety, ADHD, and ASD. Leah created The Zones of Regulation®, a curriculum designed to teach self-regulation, and is author of the book by the same name (2011, Social Thinking Publishing). In addition to working with students, she provides trainings and consultation to parents and professionals, and offers workshops on the Zones to groups across the country and Canada.

She currently resides in Minneapolis, MN with her husband, son, daughter and dog. To have fun, Leah loves traveling, playing with her children, hiking, skiing and most anything outdoors.

**Register Online or Call:**

**[www.autismawarenesscentre.com](http://www.autismawarenesscentre.com)**

**Toll Free: 1-866-724-2224**

# Autism Awareness Centre Conference November 15 - 16 with Judy Endow & Leah Kuypers

Please Print Clearly

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax \_\_\_\_\_

(Including area code)

Email: \_\_\_\_\_

(We will only send you emails about upcoming conferences or other important information in your area.)

## REGISTRATION FEE SCHEDULE

DEADLINE FOR REGISTRATIONS November 08, 2013

### PROFESSIONAL

#### Before October 31

#### After October 31

2 Days

\$300.00 + \$15.00 GST = \$315.00

\$330.00 + \$16.50 GST = \$346.50

\$ \_\_\_\_\_

1 Day Only

\$225.00 + \$11.25 GST = \$236.25

\$255.00 + \$12.75 GST = \$267.75

\$ \_\_\_\_\_

Day Attending

Friday \_\_\_\_\_

Saturday \_\_\_\_\_

### PARENT/PARA-PROFESSIONAL

#### Before October 31

#### After October 31

2 Days

\$225.00 + \$11.25 GST = \$236.25

\$255.00 + \$12.75 GST = \$267.75

\$ \_\_\_\_\_

1 Day Only

\$150.00 + \$7.50 GST = \$157.50

\$180.00 + \$9.00 GST = \$189.00

\$ \_\_\_\_\_

Day Attending

Friday \_\_\_\_\_

Saturday \_\_\_\_\_

**TOTAL ENCLOSED**

\$ \_\_\_\_\_

**REGISTRATION INCLUDES:** Sessions, session materials, and refreshment breaks. If you do not receive a confirmation within 7 business days prior to the conference, please contact Autism Awareness Centre. Registrations received after the deadline may not be sent a confirmation prior to the conference.

## METHOD OF PAYMENT

### FEES MUST BE PAID PRIOR TO EVENT

PLEASE MAKE CHEQUE PAYABLE TO AUTISM AWARENESS CENTRE INC.

Visa

MasterCard

Cheque Enclosed

Purchase order #: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Name Of Cardholder: \_\_\_\_\_

Signature of Cardholder

(Must be signed)

**Special Needs:** Do you have any special dietary needs?

Yes

No

If yes, please describe: \_\_\_\_\_

## SEND COMPLETED FORM WITH PAYMENT TO:

Autism Awareness Centre Inc.  
56 Sussex Cres. S.W.  
Calgary, Alberta T2W 0L5

Ph: (Toll Free) 1-866-724-2224 or 403-640-2710 Fax: 403-451-9011  
E-mail: maureen@autismawarenesscentre.com  
Register Online at: www.autismawarenesscentre.com