



## ASD Adult Support Worker

Autism Calgary is so excited to be welcoming another member to our team! We have a welcoming and committed staff team who work collaboratively to serve the growing number of individuals and families living with Autism Spectrum Disorder (ASD) in Calgary. The 'ASD Adult Support Worker' role is a part time position working Tuesdays, Wednesdays and Thursdays as well as the first and third Thursday evenings of each month (approximately 24 hours/week). The contract is until the end of December 2019, with the possibility of extension based on funding.

Hourly wage commensurate with experience and education.

### Description of Role and Duties

- This role will be serving within Autism Calgary's Family Support Program, reporting to the Family Support Coordinator
- Providing individualized support to adults with Autism Spectrum Disorder (ASD) and their parents/caregivers
  - Provision of information, resources and referrals to local Calgary services and supports, by phone, email and in person.
  - Assistance with applications for government funding and services. Provision of advocacy support tools where necessary to help ensure individuals and families receive the supports they need
  - Providing one-on-one "Talk Support" sessions to adults with higher functioning autism. This includes active listening and utilizing Motivational Interviewing techniques to provide them with a place to tell their story and have a listening ear. If mental health or counselling services are required, the individual will be referred and assisted to access these services.
  - Providing one-on-one sessions to parents or caregivers to help them navigate systems of support and help their adult child live an interdependent life in the community that is healthy for all family members
- Co-facilitating a support group for adults with high functioning autism. This involves working with volunteer co-facilitators who are on the autism spectrum and helping to coordinate guest speakers
- Assisting the other Family Support Team members where needed
- Assisting with event planning, communication and administration duties where needed
- Assisting and coordinating volunteers who are on the autism spectrum

### Requirements for the Role

- Post secondary education in either human services, social sciences, social work, psychology or other fields (where experience is also relevant)
- MUST have a thorough understanding of Autism Spectrum Disorder (ASD) and experience working with adults living on the autism spectrum (at varying levels of impact). Lived experience as a parent or family member of an individual with ASD is an asset but not required.
- Familiarity with autism and disability related services in Calgary is a strong asset
- Experience or education relating to mental health is a strong asset
- Familiarity and comfort working with a computer, including MS Office Products and Social media
- Must be able to work well independently in a self directed manner and contribute/coordinate well with a team. Good time management and the ability to juggle multiple projects/duties at once is vital.

**Please send your cover letter and resumes to Autism Calgary at [meghan@autismcalgary.com](mailto:meghan@autismcalgary.com) by Monday April 29, 2019 at 12 noon.**