

Autism Spectrum Disorder (ASD)

A neurodevelopmental condition that affects how a person senses and interacts with others, and the world around them. ASD can impact a person's communication and social skills, flexibility, special interests, sensory processing, repetitive behaviors and more. Autism could affect each area differently, so every individual with ASD is unique. Some people are diagnosed in adulthood, while others can get a diagnosis as early as 18 months old. According to Public Health Agency of Canada (PHAC) 1 in 50 children under 18 are diagnosed & boys are diagnosed 4 times more often than girls.

Education	
CBE Calgary Board of Education	Calgary's public school board.
CCSD Calgary Catholic School District	Calgary's public catholic school board.
FSD Foothills School Division	Foothills School Division for designated public schools in Okotoks and High River areas.
RVS Rockyview Schools	Rockyview School board for designated public schools in the Airdrie, Chestermere, Cochrane & Springbank areas.
IPP/LSP	Individual Program Plans & Learner Support Plans provide academic & behavioral goals, as well as accommodations to support students in the school environment.
PUF Program Unit Funding	Funding from Alberta Education for children aged 2.8 - 6 years old with disabilities. It's provided to preschool/K programs to deliver educational and therapeutic supports to help prepare children for grade school.

Funding Support		
AADL Alberta Aids to Daily Living	A cost-share program to cover basic medical equipment and supplies for Albertans with long-term disabilities.	
FSCD Family Support for Children with Disabilities	Funding from the Alberta government for children under 18 with disabilities. This funding is intended to help families with the extraordinary costs associated with raising a child with special needs. i.e. respite, counselling, specialized services etc.	
OCR Online Claims Reimbursement	An online portal used by FSCD and PDD to claim approved expenses for reimbursement.	
JP Jordan's Principle	Funding for Indigenous children with a disability or medical condition, living on or off reserve.	

Funding (FSCD) Terms	
Behavioural Aide	Assistants that help children with disabilities and their caregivers learn strategies & techniques to manage challenging behaviors.
Community Aide	Assistants that help children with disabilities participate in community activities.

BDA or BDS Behavioural Developmental Aide/Support	Funding provided by FSCD for up to 2 therapists and an aide. Agreements typically last 6 months & are goal orientated.
EA Educational Assistant	Assistants that support children with disabilities to reach their fullest potential in the school environment.
FMS Family Managed Services	A way to use FSCD or PDD funding instead of accessing agency-based services. This allows the caregiver to individually hire and manage staff.
MDT Multi-Disciplinary Team	A team of health professionals that review information & observe a child to provide feedback for FSCD. Their recommendations determine the types of services and length of time a child receives funding for.
Personal Aide	Assistants that help special needs children with their personal hygiene and medical care.
Respite Care	Respite care offers short term caregiving services for individuals with disabilities. This is temporary relief for caregivers from the extraordinary responsibilities of raising a child with special needs.
SS Specialized Services	Funding provided by FSCD to support eligible children with severe disabilities or delays in at least 2 areas. SS agreements could include up to 4 therapists and an aide & services typically last a year. Process of approval requires an MDT meeting & funding will be based on their recommendations.

Therapy '	Terms
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ABA Applied Behavioural Analysis	A type of therapy intended to help children develop skills and manage behaviors.
OT Occupational Therapist	A therapist that helps with daily living skills and sensory & emotional regulation.
Psych Psychologist	A therapist that helps individuals improve their mental health & can provide strategies to develop skills.
Play Therapy	Child-led play based therapy that uses the child's interests to develop skills.
PT Physical Therapist	A therapist that helps individuals improve physical movement and strength.
SLP Speech Language Pathologist	A therapist that helps individuals improve language, speech & communication skills.

Financial Terms		
CDB Child Disability Benefit	A federal tax-free monthly benefit for families who care for a child under age 18 with a severe and prolonged impairment in physical or mental functions.	
CCC Canada Caregiver Credit	A federal tax credit to help individuals providing support to family members who have a physical or mental impairment.	
DTC Disability Tax Credit	A federal tax credit that may reduce the income tax amount that an individual with a disability or their caregiver has to pay.	
RDSP Registered Disability Savings Plan	A long-term savings plan meant to support individuals with a disability in their futures.	

For any further inquiries, please refer to our website: <u>autismcalgary.com</u>, or contact us at <u>support@autismcalgary.com</u>

